



Workshop: Introduction to Healthcare Careers

Objectives	Resources
<ol style="list-style-type: none"> 1. Learn about a few of the many potential healthcare career pathways 2. Understand common requirements for graduate healthcareer education 3. Become familiar with the soft-skills and values necessary to succeed 	<ul style="list-style-type: none"> • Workshop_Intro to Healthcare Careers_Wor...

Activities	
Warmup	<ol style="list-style-type: none"> 1. Students will begin with a brainstorming activity to discuss what careers in healthcare they are familiar with 2. Suggestion: Who/what do you see when you go into a hospital? <ol style="list-style-type: none"> a. What kind of jobs may be involved with those things? b. What kind of people may be good at those jobs? (lead into Values)
Healthcare Values	<ol style="list-style-type: none"> 1. After question above, list some of the values associated with healthcare <ol style="list-style-type: none"> a. Compassion b. Curiosity c. Vulnerability, etc. 2. Why might those be important traits for someone in healthcare? <ol style="list-style-type: none"> a. As important as knowledge is, it is also critical to form personal connections and "heal" your patients mentally
Common Healthcare Professions	<ol style="list-style-type: none"> 1. Doctor <ol style="list-style-type: none"> a. Overview b. Education + Specialization (during residency and fellowship) c. Responsibilities d. What can you do now to prepare? <ol style="list-style-type: none"> i. Volunteer, try to get into research (MED Launch), shadow 2. Physicians Assistant (PA) <ol style="list-style-type: none"> a. Overview b. Education (Undergrad + PA school)



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	<ul style="list-style-type: none"> c. Responsibilities d. Same as above <p>3. Nurse</p> <ul style="list-style-type: none"> a. Overview b. Education, multiple versions of degrees, work towards taking NCLEX c. Responsibilities d. What can you do now to prepare? <ul style="list-style-type: none"> i. Prepare to go to nursing school (either in person or online), gain experience in working in hospitals
<p>Adjacent Healthcare Professions</p>	<ul style="list-style-type: none"> 1. Pharmacist <ul style="list-style-type: none"> a. Overview b. Education (UG+Pharmacy school), c. Responsibilities d. What can you do now to prepare? <ul style="list-style-type: none"> i. Recommended if have strong interest in chemistry, if so look into accelerated 6 year program 2. Researcher <ul style="list-style-type: none"> a. Overview b. Education, include PhD (good because most times you get stipend) c. Responsibilities d. What can you do now to prepare? <ul style="list-style-type: none"> i. Work on getting into college that have research opportunities ii. Look into local research labs that recruit highschoolers (MED Launch)
<p>Routes Towards Career</p>	<ul style="list-style-type: none"> 1. Traditional <ul style="list-style-type: none"> a. Highschool into college/professional school, then to graduate/medical school 2. Other paths <ul style="list-style-type: none"> a. Many students pursue gap years before going to professional school <ul style="list-style-type: none"> i. Get some other job, does research, other education, travel, ... b. There exists programs in the US that pay off your school debt (Especially medicine



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	<p style="text-align: right;">i. Ex. US military</p> <p>Note: these are by no means the only careers, there are many other interesting careers related to medicine out there</p> <p>Ex. Physical therapist, genetic counselor, speech pathologist, music therapist, biomedical engineer, ...,</p>
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Evaluation	Reflection
<ol style="list-style-type: none"> 1. Offer a made up scenario where a person is deciding which healthcare industry to go into. <ol style="list-style-type: none"> a. Given their interests, goals, and financial situation, where would you recommend them to go b. Let student discuss/do their own research for 5-6 min, then discuss 	<ol style="list-style-type: none"> 1. What were some similarities you found between healthcare careers? 2. How do you plan on getting involved now?